



Daley Connections

Connect ~ Empower ~ Succeed

Useful Contacts

Need some extra help?

- Parentline 13 22 89
- Family Relationship Advice Line 1800 050 321
- Lifeline on 13 11 14
- Kids Helpline 1800 551 800

TTY users, call 133 677, then ask for 1300 664 786

Speak and Listen users, call 1300 555 727 then ask for 1300 664 786

- beyondblue 1300 224 636
- Reading Writing hotline 1300 6555 06
- MensLine Australia on 1300 789 978
- Suicide Call Back Service on 1300 659 467
- Headspace 1800 650 890
- QLife 1800 184 527
- Parentline Victoria 132 289
- NDIS National Call Centre 1800 800 110
- Free Interpreting hotline 131 450

We've also sourced some Australia-wide and Victoria specific resources that you might find helpful. You can find them here:

<https://aifs.gov.au/cfca/publications/cfca-resource-sheet/helplines-and-telephone-counselling-services-children-young-people>